

MONTHLY NEWSLETTER

**JANUARY
2026**

As we step into the new year, let's focus on fresh beginnings, exciting opportunities, and achieving new goals together! Here's to a productive and fulfilling 2026 for everyone.

Kickstart 2026 with Success

Set Goals for Growth:

Whether it's personal or professional, start the year by setting achievable and meaningful goals.

Health and Wellness Focus:

Stay active during the winter season, eat well, and prioritize mental health to keep the energy high.

Emergency Preparedness

Be sure to review emergency procedures and ensure that safety equipment, such as fire extinguishers, first-aid kits, and emergency exits, are up-to-date.



Mental Health and Wellness

Mental Well-Being:

The new year can feel overwhelming. Take one step at a time, prioritize self-care, and focus on progress, not perfection.

Wellness Tip:

If you feel unwell, it is encouraged that you stay home to prevent illnesses from spreading to co-workers.



January is a time to lay a strong foundation for the year. Let's embrace new challenges and continue working together toward shared success.

Cheers to 2026!

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